

H1N1 and Seasonal Flu Vaccines

**Scheduled H1N1 Flu Vaccine Clinics
have now been concluded.**



**Vaccines are still available
from Public Health Services
or from your health care provider
(family physician or nurse practitioner) .**



**If you would like to make arrangements with
Public Health to receive your vaccine,
please call 667-3319 or
1-800-767-3319.**

You cannot get influenza from these vaccines. They are safe and effective.

Vaccines are free. Bring your Nova Scotia Health Card.

**Seasonal flu shots will be available only for those in high risk groups including
seniors, people with chronic disease, babies, pregnant women and their families**

You should not get a vaccine if you have a cough & fever or common flu symptoms.